



200-733 6<sup>th</sup> Street  
New Westminster, BC, V3L 3C6  
778 822 29 32  
[elena@rusart.ca](mailto:elena@rusart.ca)  
<http://rusart.ca>

## Macramé I

5 sessions, 2 hrs each, 10 hours total

Thursday, June 1 – 29, 6.30-8.30 pm

**Instructor:** Tetiana Kaliuk

**Price:** \$150+GST (art supplies included)

### **Participants will learn:**

- Macrame as a form of art (where to use)
- Basic macramé knots
- Main styles in macrame knotting
- Macrame tools and materials
- Main rules of macrame knotting

### **Participants will understand:**

- How to create beautiful handmade accessories and gifts
- How to combine macramé knots with other different materials (wooden and plastic beads, rings, etc.)

### **Macrame helps to develop:**

- Sense of composition
- Artistic skills
- Imagination
- Attention
- Fine motor skill

Macramé helps reduce stress and tension through engaging different parts of brain responsible for creativity and fine motor skills.

## About Macrame:



Macramé or macrame is a form of textile-making using knotting rather than weaving or knitting. Macramé is believed to have originated from 13th century Arab weavers.

Sailors made macramé objects in off hours while at sea, and sold or bartered them when they landed, thus spreading the art to places like China and the New World. Nineteenth-century British and American sailors made hammocks, bell fringes, and belts from macramé.

Common materials used in macramé include cotton twine, hemp, leather or yarn. Jewelry is often made in combination of both: the knots and various beads (glass, wooden, etc.), pendants or shells. Leather or fabric belts are another accessory often created via macramé techniques. Most friendship bracelets exchanged among schoolchildren and teens are created using this method as well.

**Instructor:** Tetiana Kaliuk worked as a school extra-curriculum teacher in Ukraine. Got passion for macramé from age of 10. Has Bachelor of Science in mechanical engineering.



**Projects planned to be completed during the course:**

1. Decorative gift glass-bottle with macrame knotting
2. Decorative hat –band/ belt or hand bracelet